



# Scarf/Leaf Toss

MOVE  
PLAY &  
LEARN

**Age** 2 years and older

**Materials** Scarves, small pieces of fabric or plastic grocery bags cut into large squares; or you can use leaves

**Setting** An open area inside or outside

**Description** Model tossing scarves or scarf alternates (i.e. small pieces of fabric, leaves or pieces of plastic grocery bags). Gather the object *up* like a ball in your hand, throw it up in the air. Watch it float *down* and catch it with both hands. Now throw it *up* so that the child may catch it on its way *down*.

## Learning Outcomes

**Fine Motor** The toddler uses hands and fingers to control objects to demonstrate increasing fine motor coordination. He or she develops fine motor skills through playing with toys and materials and increases eye-hand coordination skills.

**Large Motor Skills** The toddler develops gross (large) motor skills such as throwing and catching, coordination, balance and body awareness.

**Spatial Sense** Child develops spatial sense and uses language to demonstrate understanding of space and the relative position of things.

## Did You Know?

Effective movement facilitators both teach specific skills and nurture a love of learning and physical activity. They join in play as collaborators in a way that models joy in movement and is respectful of the child's chosen direction for play. Caregivers play by children's rules during the play activity, following their interests and lead. While participating in play as a collaborator, they show excitement and joy for movement and physical activity through both actions and words.

**TODDLERS**